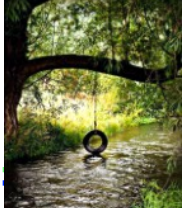


Trail Times



www.GoldCountryTrailsCouncil.org



Official Publication of the Gold Country Trails Council

GCTC is an organization committed to develop, maintain and advocate for safe integrated trails for equestrians and other non-motorized users.

PRESIDENT'S MESSAGE

IT TAKES A VILLAGE, a village called Gold Country Trails Council.

The last couple of months have been very busy getting the trails around Lone Grave – and especially around Skillman – open and ready for the riding season. It takes a village, and it took a GCTC village of dedicated and hardworking volunteers to open the trails this year.

Many trails were impassable after winter's fury. If you ride up Hallelujah Trail, be sure to look around at all the cuts in the logs alongside the trails, especially in the section where it crosses the creek before the big climb. It was a huge, tangled mess of trees that came down over the winter. That area is just one example of the tremendous amount of work that went into clearing the trails by GCTC volunteers this Spring. A huge thank you to all who generously volunteered their time and labor.

Thanks to the hard work done by GCTC, all of us, our community, and those who come from afar can easily enjoy the trails. We also enjoyed using our newly acquired GCTC battery-operated chain saw and hand tools.

The 2022 Poker Ride is now a wonderful memory, with deep appreciation, admiration and thanks to Laura Duncan and her crew! This year may just have been the most successful fundraiser to date. It ran sooooo smoothly. Thanks to all who participated, donated, and provided food. All the monies raised are earmarked for improvements to each of the campgrounds GCTC maintains, continued trail maintenance and improvements, and more.

Speaking of more: if you have ideas or suggestions for improvements, please join us at a GCTC Board Meeting and let us know your thoughts and ideas.

You can make a difference – but we must hear your ideas!

July is a busy month with plenty of activities planned. Starting with the 4th of July Penn Valley Parade, taking place in Nevada City this year. On July 12th, our General Meeting (**EVERYONE invited**) is our annual Ice Cream Social, as well as a Tack Sale & Swap. This is a great opportunity to meet new friends, share trail stories, and get that piece of tack you know (or didn't know) you need.

July 16th is our annual Royal Gorge Day Ride. Along the route, we come out on a ridge over from the Western States trail looking towards Squaw Valley. We ride along "Razorback Ridge" to our lunch stop. Here we overlook the American River Canyon, and we might be able to see some of the Tevis riders (also happening that day) from that vantage point. Watch your email for detailed Information about a week prior to the ride.

July 22 - 24 is our Loney Meadows Camp/Work/Ride. Loney Meadows is a spectacular riding area in our backyard. (Our website cover photo is from this area.) Information about the event is forthcoming. In the meantime, if you are crazy interested ask me about it. The fun keeps on coming in August. Keep up to date by regularly checking your email and the GCTC calendar on the website.

As you traverse the trails, whether on foot or horseback, please be an outstanding GCTC trail ambassador. Be patient, friendly, and courteous with all users. Soon, we should see a reduction in cyclists on the Lone Grave side of Highway 20. To-date, we have a bit of a reputation for being grumpy horse people. Of course, we're not; we're just concerned about the safety of all trail users.

Thank you for the honor of being your GCTC President. Feel free to contact me at any time:

tra.jamiej@sbcglobal.net

~ Jamie Canon

Howdy and Welcome to our newest members!!



Brad Daniel
Michael Eskew
Linda Foshagen
Linda Gurnee
James Matlock

DID YOU KNOW the web and email addresses in the newsletter are hyperlinks? No need to copy and paste, just click on the [address](#) or [email](#) (designated in blue and underlined) and it will open to the destination you desire.



Stay up-to-date by regularly checking your email!



<http://www.goldcountrytrailsCouncil.org>

Leaders

Camp Cook: Debbie Molloy
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Forest Service Liaison: Mary Johnson mjshasta@aol.com
GTC Apparel Manager: Sandrine Nattkemper snattkemper1@gmail.com
Historian: Anna Starkey
Membership: Toni Owen toni@owenacctng.com
Newsletter Editor: Pamela Warmack (510) 697-6625 cows2horses@gmail.com
Parades: Linda Lanzoni
Poker Ride Fundraiser: Laura Duncan
Program Director: Helen Crawford
Publicity: Teresa Dietrich
Refreshment Manager: Phyllis Fanning
Skillman Water Manager: Barry Vaccaro
Skillman Campground: **OPEN**
Sunshine: Andrea Duncan sendmailtoandi@gmail.com (510) 295-7600
Tool Cache Manager: Suzanne & Barry Vaccaro
Trail Rides: Jamie Canon

Gold Country Trails Council Officers

President: Jamie Canon 530-265-8326 tra.jamiej@sbcglobal.net
V.P.: Helen Crawford
Secretary: Mary Lundin 530-272-5813 charkrider16@hotmail.com
Treasurer: Cathy Scott 530-305-1982 ccharlie@suddenlink.net
Past President: Bernie Molloy 530-802-4089 imarangemaster@gmail.com
Board Member: Laura Simmons lauraseden@aol.com
Board Member: Miriam Lytle tomiriam@rocketmail.com
Board Member: Teri Personeni 530-273-9144 teri@teromorgans.com

Minutes of the GTC Board Meetings and the current 2022 GTC Events Calendar can be accessed on the GTC Website www.GoldCountryTrailsCouncil.org

				<p>JULY</p> <p>4 Mon. 4th of July Parade-Nevada City 12 Tue. General Meeting: Tack Sale & Ice Cream Social 16 Sat. Royal Gorge Day Ride 16 Sat. Tevis 100-mile Ride (non-GCTC event) 22-24 Loney Meadow Work/Camp/Ride</p>	
	<p>JULY AUGUST 2021</p>				<p>AUGUST</p> <p>6 Sat. Trail Work Day-TBD 10 Tue. Board Meeting 7 pm 10-14 Nevada County Fair (non-GCTC event)</p>

PLEASE NOTE: Dates & times may change.
 Changes and an updated calendar is always available on the website. Go to: www.GoldCountryTrailsCouncil.org, then click on the "Calendar and Events" tab.

**JULY GCTC GENERAL MEETING
 TACK SALE & ICE CREAM SOCIAL!
 TUESDAY, JULY 12th
 SCHEDULE:**

5:00 PM - Set up begins
 5:30 PM - Tack sale and more commences
 7:00 PM - General meeting
(Everyone's Invited!)

**GOLDEN EMPIRE GRANGE
 11363 Grange Lane, Grass Valley**

*Come for the meeting,
 Stay for the scoop!*

**WHERE are the MEETINGS &
 July's TACK SALE &
 ICE CREAM SOCIAL HELD?**

They're at the
GOLDEN EMPIRE GRANGE
 11363 Grange Lane, Grass Valley
 (off La Barr Meadows)

Look for the "Golden Empire Grange" sign
 on Le Barr Meadows Road.
Be aware, the driveway is narrow
 and easy to drive right past!

GCTC IN 4th of JULY PARADE

GCTC member Linda Lanzoni has once again organized our members to ride in the 4th of July Parade in Nevada City.

Don your patriotic attire and watch as GCTC prances down Broad Street in downtown Nevada City on Monday, July 4, 2022, starting at 11am.

NEVADA CITY, JULY 4, 11 am



GET READY FOR THE GCTC TACK SALE JULY 12th!

Clean out the barn, saddle soap the leather, grab up what you aren't using or what doesn't fit anymore and put price tags on it!

Our annual Ice Cream Social will be combined with a members' tack/horsey stuff sale/horsey businesses' promotion this year. To sell tack, etc., you must be a current GCTC member, BUT invite your friends to come and enjoy the event!

- WHAT:** GCTC General Meeting, Ice Cream Social and Tack Sale
- DATE:** Tuesday, JULY 12, 2022
- SCHEDULE:**
 - 5:00 PM - Sale set up
 - 5:30 PM - Tack sale and more in the parking lot
 - 7:00 PM - General meeting (all invited!)
 After a quick meeting, enjoy ICE CREAM, more tack sale, and more socializing
- WHERE:** Golden Empire Grange (see page 3 for directions)



What CAN you sell?

Tack, barn and grooming tools, clothing, blankets, art, books, anything horsey or ranch related.

Questions?
Contact Jamie Canon
tra.jamiej@sbcglobal.net



Thank you!

New Membership Chairperson



Cathy & Taj

Thank you to Cathy Chase for her years of dedication to her position as the GCTC Membership Chairperson! Kudos to you for your time and willingness to serve in this important position.

Cathy has passed the reins to Toni Owen who has generously offered to take on managing the membership for GCTC. Thank you Toni for volunteering your expertise! If you have any questions about membership, Toni's cell phone # is (707) 888-3212 or email: toni@owenacctng.com.

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ROYAL GORGE DAY RIDE Saturday, July 16th

Our GCTC Royal Gorge Ride will be July 16th. In years past, the trails were often still too covered in snow—even in July—and we were forced to cancel the ride, but certainly not this year!

The ride is for intermediate riders and up. It is a beautiful place to ride, but riders should know there are steep, steep climbs with lots of rocks, and there are many other rocky sections of trail. Shoes or boots are recommended for your horses. The climb to the top is an approximately 1,300-foot gain in elevation. Horse and rider need to be in condition. At the top, it is close to 7,500 feet in elevation. The entire ride will be at a walk but, on some of the steep uphill climbs, horses may tend to want to trot, lope or lunge. Breast collars are advisable and if you use a crupper be sure to have it on. There are also sections of beautiful single track with nice footing.

Along the route, we come out on a ridge over from the Western States trail looking towards Squaw Valley. We ride along “Razorback Ridge” to our lunch stop. Here we overlook the American River Canyon, and we might be able to see some of the Tevis riders (also happening that day) from that vantage point. We will have lunch on the trail (about 3 hours into the ride), so riders will need to pack their own lunch & lots of water.

Please check your email for more information & directions.

RSVP to TRAIL COORDINATOR: Jamie Canon
tra.jamiej@sbcglobal.net or 530 265-8326.



Kingston & Bailey

At Pine Rock Ranch ready for a trail ride.
 Two brothers from another mother ;)
From Stacey Estrada





LONEY MEADOW WORK / CAMP / RIDE

JULY 22-24, 2021



Join us for a weekend or a day of GCTC camaraderie and gorgeous scenery! Head for the hills and experience the beauty of the Tahoe National Forest while helping to maintain the adjoining trails. This is a dry camp but there is a stream nearby, and everyone camps in a lovely area surrounded by trees. There are no human amenities. There are also no horse accommodations, so you must provide a way to secure your horse: portable corral, Hi Tie, etc.

We will be riding into the area we will be working on. After we are done working (9 am to ~12 pm), we will ride out and explore this beautiful area. If you haven't had the opportunity to ride here, you will be amazed by the miles and miles of mountain trails. And what better way to learn an area than to go with a group of riders who know the trails?

Riders can continue on to Bowman Mountain and the little glacial lake at the top. Then circle down to Lower Rock Lake, ride alongside Texas Creek past Bull Pen and on into Loney Meadow. There is a backcountry that is non-motorized. Ride to Grouse Ridge, or Glacier Lake at the foot of the Black Buttes. Return along Sand Ridge overlooking Five Lakes Basin, Faucherie and French Lake. Or then there is the ride on the Crooked Lakes Trail past Carr and Feeley Lakes. Pass Island Lake and a passel of lakes that are so numerous they have no names. Lunch at Penner Lake and circle back to camp. I'll stop there! As you can see, there are many riding options in this area.

Loney Meadow is not a designated campground and there is no reservation system. It has also become very well-known recently. As it is a first-come, first-serve area, anyone in our group who is interested in going up earlier in the week and possibly staking a claim on our camp area, either in the meadow or near the creek, would be greatly appreciated.

Come and horse camp for the weekend, OR come for the workday, Saturday, July 17 and bring your horse. Loney Meadow is close enough to Grass Valley to be a day ride area. We will be riding into the area we will be working on. All of the work will be simply trimming: Piece-a-cake!

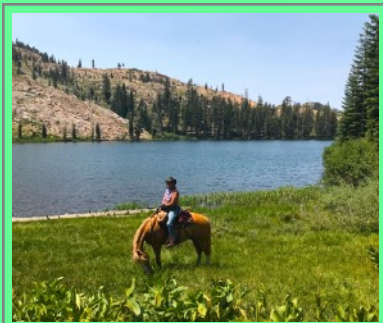
Please do plan to join us: "Many hands make light work." Bring any small saws or clippers that you can pack on your horse. GCTC will provide loppers.

Four-wheel drive is needed for one small section getting to the camp area. But if you want to come up for the workday, there is a place to park for the day that does not require 4-wheel drive. Please check your email for more information & directions

Please RSVP Jamie Canon ASAP

tra.jamiej@sbcglobal.net

land line: 530-265-8326 OR cell: 530-409-9436





A FUN-FILLED RIDE TO THE TOWN OF WASHINGTON

On May 13th, we staged out of site 2 (the big campsite) at Skillman for our ride to the town of Washington. The weather was sunny and perfect. With Suzanne Vaccaro as the trail boss, Mary Beyer, Kandi Kost-Herbert, Jo Kain Stiles, Carrie Hodges and her daughter, Alana, joined in the ride. As it is mostly downhill to Washington for a bit over 4 miles, that means the ride back out is mostly uphill. Thankfully, all the horses were fit and had no issues on the ride.

The trail to Washington goes partially through the Alpha/Omega hydraulic diggings and much of the ride goes through shady forested areas. In May there was plenty of water in the pretty pools in the diggings along the way.

As I didn't ride that day, I was tasked with driving to Washington with buckets to water, and ropes to hi-line, the horses, as well as pre-ordering the lunches for the riders at the hotel. A gracious host in the town of Washington invited the group to tie their horses in his yard, just two houses down from the hotel. I had a chance to get to know "Space," our host as I sat on his porch waiting for the riders. However, I got to listening to so many horse stories from Space, that I was shocked when I heard hooves on pavement. I had to jump up and get busy.

When the horses were secured, everyone enjoyed lunch on the deck of the Washington Hotel overlooking the Yuba River. The horses were in good hands with Space as he had told me stories of his life with horses right there in the town of Washington. It was a great ride, and we look forward to doing it again. Let me know if you'd like to join us next time.

~ Jamie Canon



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- Laurie Sweeney & Mike Peckham
- Shelia Kumar
- Shoppers on Amazon Smile




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SKILLMAN HORSE CAMP WORKDAY
Recap

WOW, we had an awesome workday at Skillman Campground on May 18th with a great turn out of GCTC volunteers and accomplished almost all the tasks on the list. The volunteers broke up into groups, each with a list of tasks. The camp site cleanup crew was detail oriented in raking and picking up the many sticks and pinecones, stacking firewood and picking up micro trash: Gail Anderson, Mary Beyer, Tracey Cunningham, Nikki Julian-Vasquez, Corrie Silva, Sharon Silver and Phil Mead (volunteer from NCWR) Judy Hayamizu worked her wonders with a chainsaw, cutting up firewood, taking out a stump and removing an edge off a large hazard log from the trail by site 11, an entrance to the Pioneer trail behind camp.



Besides bringing 3 dozen donuts to get everyone energized with sugar, Jeff Foltz cleaned up the Pioneer trail behind camp, then put manure instruction signs on the corrals (expertly printed and laminated by Cathy Scott) and helped sand picnic tables. A real jack of all trades!

CJ LaCivita and Barbara Simmons jumped right in and were the primary table sanders (generator and sander provided by the forest service). They were fresh off their own home renovations, so are well-qualified sanders.



Vern and Carrie Dunham took on the "heavy lifting" task list with determination and tenacity, resetting site posts, moving picnic tables, moving a fire ring, moving the manure dumpster, repositioning portable corrals, and digging out a stump (which Judy expertly cut up). Vern and Carrie were aided by other volunteers as needed.



Barry Vaccaro and Jeff Harter were the plumbing crew who got the horse water flowing into the system, while Willie and Sue Brusin traveled to an area needing trail sign replacement and log clearing.

Trailing into lunch last was the awesome hard-working crew of Suzanne Vaccaro, Tom Fletcher, very new member, Brad Daniel, Elicia and Bob Kamberg, Laura Duncan, Cathy Scott and Vicki



Testa. Armed with chain saws, this industrious crew completed major tree clearing on the Towle Mill Road/Trail.

And eat we did!! Delicious taco bar lunch prepared by GCTC president Jamie Canon with mentoring from camp cook, Debbie Molloy and help from Mary Lundin.



To top it all off, Michelle Harter documented the workday with photos, including a group photo done with time delay using her camera and cell phone...wow!

Please be sure to say thank you to these fellow GCTC members when you see them, or in spirit when you are enjoying the Skillman trails and campground on which this great group of volunteers worked so hard, accomplishing so much!



PENN VALLEY PARADE FUN

For the first time in three years, we were able to bring GCTC to the streets of Penn Valley. In 2019, festivities were cancelled due to heavy rain (only the second time in the history of the PV Rodeo and Parade). Covid shut down both the Rodeo and the Parade in 2020 and 2021. So, this year we made up for lost time and the parade was better than ever.

The weather was delightfully a bit cooler than in past years, and while we waited in the staging area at the park, we got to mingle with other participants, including several mini horses and donkeys... so, so cute! Penn Valley's crowd is always enthusiastic and this year they seemed even more joyous and inviting. They lined Penn Valley Drive all the way from the starting point at Gateway Park to the Rodeo Fairgrounds and waved cheers and greetings to all the parade attendees. Thank you to all who participated. What a fun parade. Join us next year for a wonderful experience!

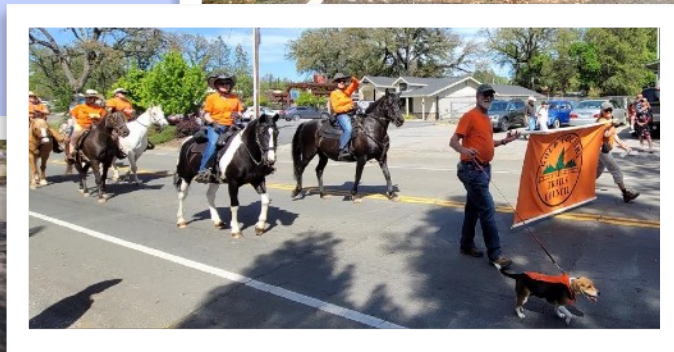
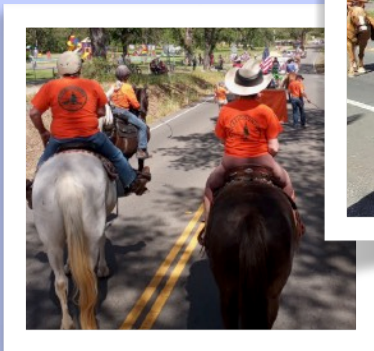
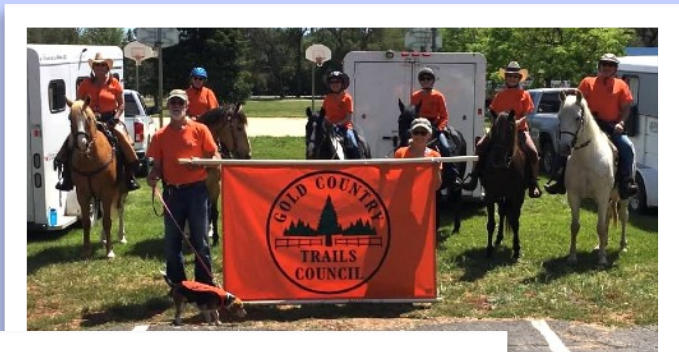
The members who represented GCTC this year were:

Carrying the Banner

- Cathy Scott
- Barry Vaccaro
- "Pebbles" Vaccaro
(she wore her orange t-shirt proudly)

Riders

- Suzanne Vaccaro
- Corrie Silva
- Laura Simmons
- Linda Lanzoni
- Ann Rubenstein
- Jon Zerín



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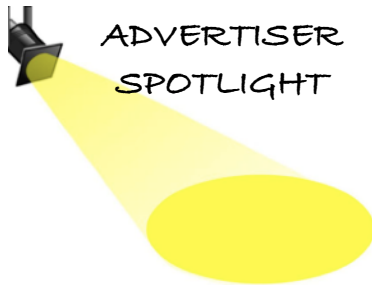
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Welcome to our newest GCTC advertiser, **Hoof to Woof Animals Services**. Owner Erin Bartram is an animal lover to the depths of her soul, and enjoys working with people and their beloved animals and farms. She will always treat your home and property as if it were her own and is always positive and caring.

Erin has a variety of skills, talents, and qualifications, as well as high-level communication and listening skills to offer which enable her to provide the highest quality and reliable care. Some examples of her services include:

15 years of equine & farm animal experience:

- General equine care (grooming, hoof care, etc.)
- Wound care / administer medications
- Assist veterinarians, farriers and other specialists with ranch calls
- Rehab assistance
- Nurturing care for mares in foal
- Acclimate foals to kind human contact
- Apply fly masks, fly spray, blankets
- Provide horse turnout
- Assist with loading, provide groundwork



15 years of general ranch care experience:

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- Experienced operating various types of machinery



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- Dog walking
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- Administer medications
- Help with simple rehab

Children/Child Care: Erin loves teaching children general horsemanship skills, and is also available to watch children so parents can spend time with their animals.

Erin works independently, is highly trusted by her clients, and happy to provide excellent references. She looks so forward to discussing your animal and farm care needs with you.

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GOLD COUNTRY TRAILS COUNCIL

Annual Fundraiser

Poker Ride - June 4, 2022



A successful 2022 Poker Ride is in the rearview mirror, and it couldn't have happened without **ALL** our volunteers, donors and participants

What are the components of a fabulous event? Amazing volunteers, no first aid emergencies, happy participants, lots of prizes and no lost riders? All of that came true for the GCTC 31st annual 2022 Poker Ride Fundraiser! This year, the Poker Ride paid homage to Penny and Carl Avery, the original GCTC Poker Ride managers, who instituted this popular fundraiser 31 years ago.

GCTC chose to limit the number of riders to 80 participants to ensure plenty of parking for campers, day riders and volunteers. We had experienced teams in key positions to ensure a problem-free event that would be fun for everyone.

Jaede Miloslavich and Toni Owens coordinated camping space allocations and rider registration. Sue Brusin and her assistants marked trail for the ride. Mary Johnson hauled up her trailer loaded with supplies to set up camp on Friday. Camp hosts Laurie Sweeney and Mike Peckham kept order in the campgrounds. Parking Director Willie Brusin and his cohorts managed the flow of traffic Saturday morning. Cal McKitrick organized radio communications for the event, and in the event of an emergency, a direct method of contacting first responders. Camp Cook Debbie Molloy produced a fabulous lunch, assisted by BBQ master Barry Vacarro and his grilling team, along with all the delicious dishes supplied by participants, created a scrumptious meal enjoyed by all. Jeff Foltz and his card sharks totaled the poker scores in record time. The change in game scoring to a numeric count made it easier and faster to determine high scores.

GCTC is very grateful for the many generous donations from members and businesses which created the Poker Ride prizes, raffle, and silent auction items.

Our treasurer Cathy Scott reported our Poker Ride grossed \$6,030 and netted \$4,991, which will be used to build and maintain trails and improvements at Skillman Campground for all to enjoy.

A **HUGE HEARTFELT THANK YOU** to all the participants, volunteers, member and local business donors, for your support of our 31st annual 2022 poker ride.

Submitted by
Laura Duncan, Ride Manager

A HUGE **THANK YOU** TO EVERYONE!

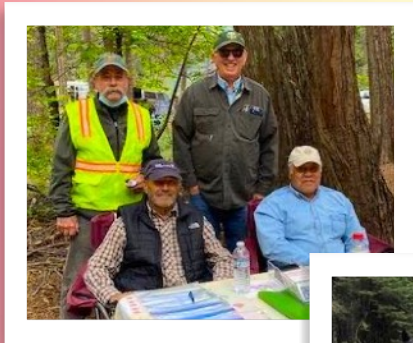


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LITTLE LAISER MEADOW WORK / CAMP / RIDE

Recap

*So much fun! So much work got done! Thank you to **ALL** who gave their time and energy to make Little Lasier and the trails great.*

Mother Nature cooperated to the fullest for this year's annual work weekend at Little Lasier Meadow. The creek was still bubbling through the rocks and pebbles in the meadow where larkspur and camas bloomed violet and blue against the vibrant green. The snow plants were fresh and bright red in the forest, while the glowing yellow mule ears bloomed in mass on the high slopes. The Osprey called out as riders on the connector trail from camp to the PCT (Pacific Crest Trail) passed near their nest perched on the top of a tall snag.

Perhaps the season was starting a bit late as we missed most of the yellow pine pollen and amazingly, the pine caterpillars too. The ever-present mosquitoes were tolerable... the biting flies, not too bad!! The horses and riders both enjoyed the low insect populations.

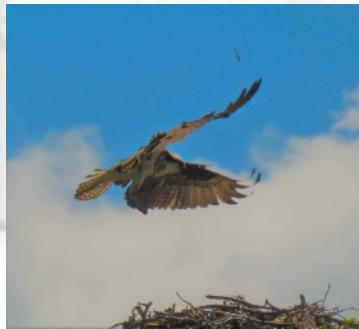
With only minor and routine campground work needed, many GCTC volunteers hiked and rode out in several directions to clear trails on the Saturday workday. One crew hiked and marked the Pass Trail, the Blue Trail out of site 1 was cleared of leaning trees, as was the 70-60/70-50 Loop... so many small leaning trees that we lost count! A hardy crew of two hiked up the connector trail to clear brush at the top and clean debris out of the water bar flows. Four miles of the PCT was cleared of fallen logs, as well as some side trails. Back at camp a dedicated crew cleaned fire rings, reset site posts, leveled tables, dug out stubborn old tie rail posts, cut small trees into firewood and removed brush.

Campers, riders, and hikers throughout the summer will perhaps unknowingly enjoy the efforts of the GCTC volunteers who worked so willingly for the enjoyment of all. Kudos to this year's participants...several who were at Lasier for the first time! Each and every one of these GCTC members added their own special touch and dedication to the many tasks that were put before them. No job was too small or too large; they came from near and far (Calpine to Napa). Thank you all! Jamie Canon, Tom Fletcher, Bev Milke-Hillar, Sharon Silver, Gail Anderson, Toni and Jeff Owen, Keith and Debbi Hamilton, Mary McMillan, Jeanette Webber, Gigi Lawton, Lori Moniz, Stacey Estrada, Laura Simmons, Mike Peckham, Laurie Sweeney, Jeff and Michelle Harter.

The Saturday evening potluck was an enjoyable end to the day of hard work! Delicious salads, sides and deserts complimented Mike's BBQ ribs and chicken and those mouthwatering camp beans! YUM! Add fun stories around the campfire.... perfect.

Aside from all the work, this year's riders enjoyed a wide variety of views and flowers along the abundant trail options. We met and spoke with many hikers along the PCT, as well as families and equestrians that came to explore Little Lasier Meadow Horse Camp. Everyone was favorably impressed by the history of volunteer work by GCTC members.

LITTLE LAISER MEADOW PHOTOS



You rock!

Thank you, Gracelyn, for writing to tell us of your appreciation for GCTC's dedication in creating and maintaining trails for ALL to enjoy!



No matter your size, we've got a trail for you.

WHEN IN DOUBT, STAY OUT!

AVOID HARMFUL ALGAE AND CYANOBACTERIA, BLUE GREE ALGAE

Harmful algae and cyanobacteria, sometimes called blue-green algae, can produce toxins (poisons) that can make people and animals sick and affect the environment.

Blooms can occur in fresh water, salt water, and brackish (a mixture of fresh and salt) water around the world. Blooms sometimes look like foam, scum, mats, or paint on the surface of the water. They can even make the water appear different colors, including green, blue, red, or brown.

Blooms are more likely when water is warm, slow-moving, and full of nutrients such as nitrogen or phosphorous. Nutrients get into water when fertilizer, sewage, or runoff from cities and industrial buildings washes into lakes, rivers, or oceans—for example, during rainstorms.

How People and Animals Get Sick

When in doubt, keep animals out! People and animals (including pets, livestock, and wildlife) can get sick when they have contact with water or food that contains certain types of algae, cyanobacteria, or their toxins.

People and animals can get sick if they:

- Swim, wade, or play in or near contaminated water
- Eat contaminated fish, shellfish, or supplements
- Drink contaminated water

Illnesses and symptoms can vary depending on how a person or animal was exposed (came into contact with algae, cyanobacteria, or their toxins), how long they were exposed, which type of toxin was present, and how much toxin was present.

Symptoms in people can include:

- Stomach pain, vomiting, or diarrhea
- Headache, fever, tiredness, or other general symptoms
- Skin, eye, nose, or throat irritation
- Neurological symptoms such as muscle weakness or dizziness

Exposure to some toxins—particularly cyanobacterial toxins—can also harm your liver and kidneys. If you think you may have symptoms caused by harmful algae, cyanobacteria, or their toxins, contact your healthcare provider or poison control center.

Animals can get very sick or even die within minutes to days after exposure to harmful algae and cyanobacteria.

Seek veterinary care immediately if your pets or livestock seem sick after going in or near water. Animals are often the first affected, in part because they are more likely to swim in or drink from bodies of water that contain harmful algae or cyanobacteria.

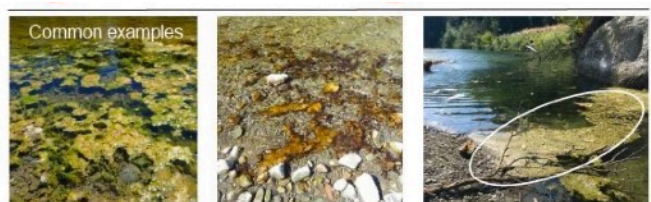
When in Doubt, Stay Out

You can take steps to protect yourself and your pets from getting sick from harmful algae and cyanobacteria:

- Check for swimming and fishing advisories before visiting lakes, rivers, and oceans. Follow advisories to reduce your chances of getting sick.
- If you see a bloom, stay out of the water and keep your pets and livestock out of the water. You cannot tell if a bloom is harmful by looking at it, so it is best to use caution and stay away.
- Do not fish, swim, boat, or play water sports in areas where there are harmful algae or cyanobacteria.
- Do not go into water that
 - Smells bad
 - Looks discolored
 - Has foam, scum, mats, or paint-like streaks on the surface
 - Has dead fish or other animals washed up on its shore or beach
- If you are notified that harmful algae or cyanobacterium are in a nearby body of water or in your drinking water supply, follow local or state guidance to reduce your chances of getting sick.
- Check for and follow local shellfish and fish advisories before eating any fish or shellfish you collect.

To read and learn more, click on:

<http://www.motherlodetrails.org/alerts/lake-tahoe-area-toxic-algae-alert-for-children-and-pets?fbclid=IwAR2qhEiGpFzYEB3PCFfd6B4YUBff-c9MGvp3w0ISBZyNrpbr-VHDQN5XWxc>



Call your doctor or veterinarian immediately if you or your pet get sick after contacting or ingesting algae. For more information on toxic algae visit: mywaterquality.ca.gov/habs

TOXIC ALGAE ALERT



- Watch GCTC in the 4th of JULY PARADE! (page 4)
- Collect your tack for the TACK SALE (page 3)
- Attend the TACK SALE/ICE CREAM SOCIAL/MEETING! (page 4)
- Ride at ROYAL GORGE! (page 6)
- Attend the LONEY MEADOW Work/Camp/Ride! (page 7)
- Stay SAFE! (page 17)
- Have fun! (all pages!)



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