

Trail Times



www.GoldCountryTrailsCouncil.org

Official Publication of the Gold Country Trails Council

GCTC is an organization committed to develop, maintain and advocate for safe integrated trails for equestrians and other non-motorized users.

PRESIDENT'S MESSAGE

Because of the long winter, the Little Lasier, and the Loney Meadow, camp/work/ride events both take place in July. We always have an excellent turnout and invite you to join us for the 3-day events or just the work days. Both Little Lasier and Loney Meadow are beautiful places to camp and ride. Our efforts keep the trails clear and usable and the campground pristine.

We had our fabulous Poker Ride in June. Elicia Kamberg, Jeff Foltz, Laura Duncan, Mary Johnson, and Debbie Malloy did a fantastic job of getting everything organized and working the day of the ride, ensuring its success. Thank you to them and the many other volunteers who assisted on the day of the ride. It really does require everyone's participation to be successful.

June was also the Tack Sale and benefit for Pines to Mines. Thanks to Laura Duncan for organizing the event. Having it combined with the Loomis Basin Educational event ensured there were plenty of attendees.


Jeff Foltz is working with a group of equestrian, hiking, and biking groups to organize support for the Placer County Parks and Trails Master Plan and the Hidden Falls expansion. The EIR for Hidden Falls will be out sometime in July. At that time, we will need a massive show of support for the Master Plan and Hidden Falls. It will involve a response to the EIR, letters of support, and attendance at meetings. Last time we asked for support for the Placer County Parks and Trails Master Plan we had a wonderful positive response from members.

Unfortunately, we're still having issues with manure and dog droppings at the Lone Grave

Equestrian Staging Area. It is a "Leave No Trace" staging area. Please, take your manure home and clean up after your dog.


July 11 is the general meeting and the all-important ice cream social. After a vote by the board, we are discontinuing the usage of plastic water bottles and disposable cups at GCTC events. We will have water available and ask that you bring your reusable bottle for water or a mug for hot drinks. We will also have name tags, so you will have a chance to names to faces, talk to new members and members you haven't had a chance to meet. I look forward to seeing you all at the meeting.

Helen Harvey, President



Howdy and Welcome to our newest members!!

- Susan Bain
- Sherri Bloomfield
- Glenna Bowery
- Laurie Dills
- Megan Gage
- Judy Hayamizu
- Erika Hazen & Erik Holback
& Garrison Holback
- Rhonda & Jim Labernik
- Erin McDonald
- Debbie McGee
- Becky Santucci
- Susan Wirgler





MAY GCTC GENERAL MEETING!
TUESDAY, JULY 11th, 7 PM
(Everyone's Invited!)

GOLDEN EMPIRE GRANGE
11363 Grange Lane, Grass Valley



*Come for the meeting,
 Stay for the scoop!*

**HELLO
 SUMMER**

***Members are Invited to Advertise their
 Business in the GCTC
 Newsletter & Phonebook***

Place your business card size advertisement in the GCTC publications for just \$5 per issue, or \$25 for the entire calendar year (6 issues).

The Newsletter is distributed to all GCTC members, affiliate members, and appears on the GCTC website.

To place your ad contact GCTC Newsletter Editor:
 Pamela Warmack cows2horses@gmail.com

<http://www.goldcountrytrailsCouncil.org>

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**Minutes of the GCTC Board Meetings and the
 current 2019 GCTC Events Calendar can be
 accessed on the GCTC Website
www.GoldCountryTrailsCouncil.org**



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JULY

- 9 Tue. General Meeting/ Ice Cream Social
- 13 Sat. Ride Royal Gorge CANCELLED
- 20 Tevis (non GCTC event)
- 19-21 Fri-Sun Camp/Ride/Work Little Lasier
- 20 Sat. Guided Ride Skillman-public invited
- 26-28 Fri.-Sun. Camp/Ride/Work Loney Meadow

AUGUST

- 7-11 Wed.-Sun. Nevada County Fair (non GCTC event)
- 13 Tue. BOD meeting
- 17 Sat. Tevis Cup (non GCTC event)
- 24 Sat. Guided Ride Skillman-public invited
- 28 Wed. Trail Work Day-Location TBD



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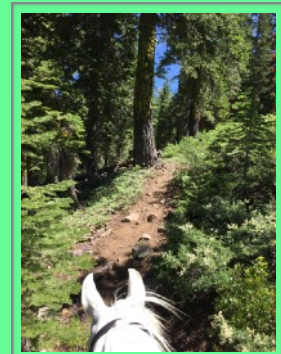


LITTLE LAISER MEADOW WORK DAY AND CAMP EVENT
JULY 19-21, 2019



Head for the hills and experience the beauty of Tahoe National Forest while helping to maintain Little Lasier Meadow Horse Camp and the adjoining trails. Come and camp for the weekend, or just for the work day (Saturday, July 20, from 9-12). For more information, check out the GCTC May-June 2019 newsletter http://www.goldcountrytrailsCouncil.org/uploads/5/1/0/2/51021711/may-june_2019_pdf_3.pdf.

Contact Mary Johnson if you are not already signed up for this event:
mjshasta@aol.com 530-477-8501



2018 TOP HAND RECIPIENT - LAURA DUNCAN**ALWAYS A TOP HAND!**

You may not be aware Laura Duncan was awarded the Top Hand Award for 2018, but if you look around you will see Laura involved at every level, at almost every event. She is an integral part of the success of GCTC!

Laura is a very active past president, staying involved with the internal functions and adding her knowledge and mentorship to board members and committee chairs. She was prize chairman for the 2019 Poker Ride, and coordinator of the fundraiser for Pines to Mines tack sale again in 2019. It's no wonder she was voted the 2018 Top Hand by GCTC members. Here are some excerpts from members comments:

- ~ Laura puts herself out for GCTC, always is willing to take on new tasks.
- ~ Over the years, no matter what needs to be done, Laura steps up and makes things happen. An excellent manager and always the visionary, she is one of GCTC's BEST!
- ~ Always goes over & above expectations to help the club!
- ~ She works on every event whether she is in charge or not. She has fantastic energy and passion.
- ~ She has dedicated so much of her time for the betterment of the club. She remains very active in club activities even though she is no longer the club President.
- ~ She does everything.
- ~ She has provided invaluable assistance to the club. She has served as president, nomination chair, donation coordinator for the Poker Ride, organizes the Loomis Basin Tack sale, attends seminars with information important for equestrians and provides invaluable assistance in the day to day running of GCTC.
- ~ Long time member of GCTC. Has been on the board, acted as president, current past president, chaired the Poker Ride, handled and worked with the prizes when not chairing the event. Has been instrumental in working with the Forest Service and interacting with the Nevada Co. board of Supervisors. She attends most of the work days. Helps with coffee, donuts, fills in for work day lunches when others can't do it. Headed up the Pines to Mines effort. Coordinated the tack sale to raise money for the Pines to Mines Trail. Has a diplomatic way about her in running meetings and interacting with members and other groups affecting GCTC. Welcomes new members. A stable influence on the GCTC board and excellent President. Has always offered to step up for the benefit of the club. She is the glue in the background that keeps the club together, always on the phone talking and encouraging members, mentoring, filling in when others falter; there is no one more dedicated and committed, organizationally capable of making GCTC a successful club and preserving the equestrian trails and the outdoor way of life in Nevada County. She gets the big picture. She is the full package.

**THANK YOU, LAURA, AND CONGRATULATIONS!**

THANK YOU



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LONEY MEADOW WORK DAY AND CAMP EVENT
JULY 26-28, 2019



No, you're not seeing double, but you could have double the fun with two weekends in a row of GCTC camaraderie and gorgeous scenery! Head for the hills again and experience the beauty of another area of the Tahoe National Forest while helping to maintain the adjoining trails. (The date had to be moved out on account of snow!) Come and camp for the weekend, or come for the work day (Saturday, July 27, from 9-12). This is a dry camp but there is a stream nearby, and everyone camps in a lovely area surrounded by trees. The trails are wonderful.

Don't choose to do just one GCTC camping weekend; do both!
 Contact Teri Personini for more information and to sign-up for this event:

Teri@terobmorgans.com.




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Placer County Parks and Trails Master Plan Hidden Falls Expansion

By Jeff Foltz

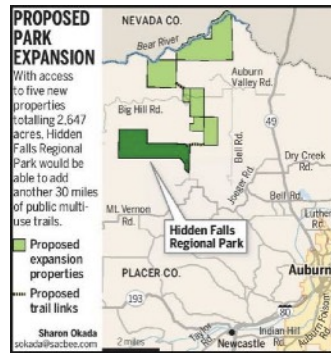
The Placer County Parks and Trails Master Plan continues to move through the governmental process albeit slowly. Thanks to everyone who signed letters in support of the Master Plan. The letters were delivered and received by the Placer County Parks Commission and Placer County Planning Commission.

At the Placer County Parks Commission meeting on May 16, the Commission approved the Parks and Trails Master Plan including Hidden Falls and recommended the plan's approval to the Placer County Board of Supervisors. An EIR



(environmental impact report) for Hidden Falls expansion: some 2,800 acres, an additional 30 miles of trails, along with additional parking lot locations, is in the process and should be complete sometime in July.

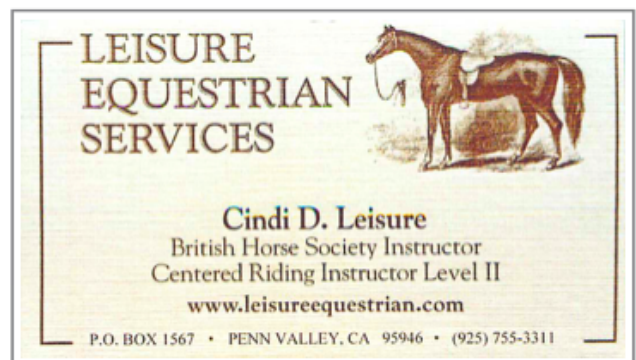
After the EIR is out and available for public review, a 45-day clock starts for its review and public input. Homeowners around Hidden Falls continue to oppose the expansion. As it stands now, the



Placer County Supervisors will take up both the Master Plan and Hidden Falls expansion and EIR at a future meeting, most likely in the Fall. Until then we need to keep up the pressure/support, write letters to the Placer County supervisors, contribute to news

releases, comment on the EIR. and most importantly have a large showing of trail supporters at the Supervisors meeting when they take it up in the fall.

A small core group of horse, bike, trail runners, hikers has formed to get the word out and coordinate an effort to support the Master Plan. A couple of meetings have been held and as more information becomes available, GCTC's support will be solicited. Having trails to ride and hike from Tahoe to the Sacramento Valley floor, including Hidden Falls, will be spectacular and special indeed, and someday interconnected with Nevada County Trails. The Plan deserves our support.



RICE'S CROSSING PRESERVE NORTH



The equestrian staging improvements are almost complete at the Rice's Crossing North Preserve below Bullard's Bar Reservoir. Gold Country Trails Council has partnered with Butte Yuba Land Trust (BYLT) to create an improved equestrian parking area, signage and gates. The recently completed Trabucco Trail, a multi-use trail, built with equestrian use in mind, is a three-quarter mile extension off of the 2.35-mile Yuba Rim trail. More trail expansion is planned in the future.



From Nevada City, take Highway 49 towards Downieville, turn left on Marysville Road and cross over the Bullards Bar Dam. Rice's Crossing Preserve is located 1.3 miles from the dam.

Other non-motorized trails in the area include the Bullards Bar Trail, with parking at the Sunset Vista Point which is located approximately 3/4 of a mile east of Bullard's Bar Dam.

~ Mary Johnson



ALL ABOUT WELLS

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2019 POKER RIDE PRIZES



Our GCTC 2019 Poker Ride succeeded in bringing smiles to happy poker hand winners, successful bidders and lucky raffle winners.

It was a fun and challenging task sorting through all of the generous contributions, combining them into awards for the winners and then transporting everything up to Skillman. Thankfully, the weather was perfect for the event.

The prize area included the awards, silent auction and raffle prizes.



The silent auction netted \$669.00.
Cash contributions totaled \$250.00.

A huge THANK YOU to all of our members who donated and solicited prizes. The abundance of smiles was made possible by your generosity and hard work.

~ Laura Duncan

"I tolerate you too,
Small Biped Predator.
[Can I have a cookie?"]



"I love you so much,
I'm going to devote all of my
time, money, and emotional
energy to you!"

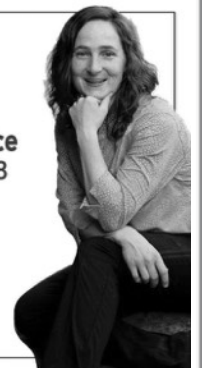
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2019 PINES TO MINES TRAIL TACK SALE FUNDRAISER



The proposed Pines to Mines Trail is designed to connect Truckee with Nevada City. It will be a non motorized multi-use trail stretching a distance of 90+ miles. Sections of existing trails will be incorporated along with obtaining easements where it's proposed to cross private lands.

GCTC along with Truckee Trails Alliance, Bear Yuba Land Trust (BYLT) and Bicyclists of Nevada County (BONC) make up the steering committee. All the groups are committed to supporting or taking on activities that will benefit creation and completion of the trail.

GCTC volunteered to take on some fundraising activities to contribute to the trail expenses. One of the easier and relevant activities for us was to hold a tack sale.

2018 was the inaugural tack sale fundraiser held at Loomis Basin Equine Medical Center. Based on the success of that venture, LBEMC invited GCTC to hold the fundraiser in conjunction with their 2019 Equine Medical Health fair and open house on June 9.

Thank you to the GCTC volunteer team of Mary Johnson, Jeff Foltz, Sharon Silver, Jaede Miloslavich, Tom Fletcher, Peggy Christensen, Lea Zivic, and Susan Donnelly for all of your work at the event.

At the end of the event, GCTC members Renee Boice and Lori Codey came through and picked up donated items to support Horses Honor.



~ Laura Duncan



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GCTC IN 4th of JULY PARADE

The theme of this year's parade was "HATS OFF TO NEVADA COUNTY." In the spirit of the theme, we dressed all the horses in hats and bowties with star garland in their tails too. It was a wonderful parade and we had 12 Riders representing GCTC along with our Banner Carriers and Poop Patrol. The crowd loved us and the weather was great!

Here is the lineup of our group:

RIDERS

Sue Bain riding Scooter
 Alezis Brasier riding Sassie
 Mary Dowling riding Cisco
 Karrie & Vern Dunham riding Chaco and Rabba
 Linda Lanzoni riding Midnight
 Teri Personeni riding Lil
 Ann Rubenstein riding Spike
 Sue Seidlitz riding Rio
 Corrie Silva riding Buddy
 Pamela Swartz riding Vinda
 Suzanne Vaccaro riding Suntana



BANNER CARRIERS

Mike Dowling
 Barry Vaccaro with darling Pebbles at his side

POOP PATROL

Maryann Jorgensen (Who also took a couple of these pics)
 Mark and Cathy Scott

We missed out on the Penn Valley Rodeo Parade, this year due to rain, but this one helped to make up for it. We're getting pretty good at parading and some of the horses are born naturals. A great time was had by all!

~ Linda Lanzoni

A Zillion...and One

My apologies for the tardiness of this newsletter. I was injured—yes, in a horse accident—a month ago. Sitting down to work on the newsletter was not easy, so I had to do it in short bouts or my leg and ankle would swell.

One of my Arab mares has a fear of water. We have come a VERY long way in our 7 years together, but she still has her issues. I have gotten off and lead her over streams a zillion times with no issues. But, then there was the zillion and one: this time as I turned around to signal her it was okay to cross, she jumped right on me, landing on my calf and knocking me to the ground. No breaks, but a huge hematoma on my calf and torn ligaments in my ankle. I am incredibly blessed she didn't step on my torso or my face (I had a helmet on).

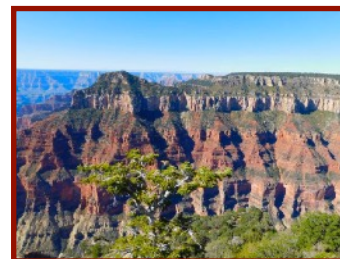
Needless to say, I won't be leading her across any more streams. They say horses jump to safety. I was her safe spot. Crutches are getting old, but I am healing. Be careful out there, my fellow horse lovers!

~ Pamela Warmack, Newsletter Editor

RED ROCK RIDE



In May, Mary Johnson, Worth Lundin and I headed for Utah via Las Vegas, where we boarded a bus to Zion National Park for 6 days of riding with the Red Rock Ride. This ride is owned and run by the Houston and Mangum families. These people really know how to make folks feel at home.



We were surprised and delighted to meet up with 3 other GCTC members, Bev Milke-Hillar, Karen Sheehan, and Phyllis Fanning.

We settled in to our cabins at Red Rock City (Tropic, Utah). The next few days included riding in Bryce Canyon National Park, Red Canyon for the Butch Cassidy and Thunder Mountain Trails, Grand Staircase-Escalante National Monument's Paria Trail, and the North Rim of Grand Canyon National Park. We had the best weather, horses and mules, which come to us fully tacked and ready for the trail, along with wranglers who explained the terrain and history of the places we rode. All along we were treated to fantastic meals and entertainment. We then spent 2 nights in Kanab, Utah, where the filming of Western movies has brought many movie stars to the town, and we dined at the Houston's Trails End Restaurant.

The sights were beyond believable. I'm a California girl, so the colorful limestone and sandstone rock formations and various types of plants are very different than the scenery of the Sierra Nevada area with which I am so familiar. I can only say "til we meet again" because I surely would love to do this all again. If you'd like to know more about the Red Rock Ride, check out: <https://www.redrockride.com>.

~ Mary Lundin



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YOUR SAFETY AROUND YELLOW JACKETS / GROUND WASPS / GROUND BEES



Yellow Jacket

Yellow jackets (*Vespula* species, *Vespa* species and *Dolichovespula* species) are considered beneficial around home gardens and commercially grown fruits and vegetables at certain times of the year because they feed abundantly on insect pests such as caterpillars and harmful flies.

However, **in late summer and early fall when their populations peak**, the yellow jackets' normal insect diet disappears and their feeding habits become a problem to park visitors. At that time of year, the yellow jacket has an appetite for the same food and drink as those consumed by humans. Also, **yellow jacket stings can result in a life-threatening situation**, if the person is allergic to yellow jacket venom. Persons highly sensitive to yellow jacket venom should always carry a sting treatment kit during outdoor activities.

Nests are often located in a soil cavity such as an abandoned gopher hole, mouse nest, or hollow tree. Other possible nest sites are in buildings, including attics, porches, eaves, or sheds. Disturbing ground nests or trees can cause yellow jackets to attack.

If you do disturb a yellow jacket nest, general guidelines are to slowly walk away with both hands covering the face to protect the more sensitive body areas. It is best to walk toward dense vegetation or enter a vehicle or building to avoid the stinging insects. Swift movements will only attract more yellow jackets.

Horse riders should always be alert for yellow jackets and their nests, particularly in the late summer and fall. As a horse passes near a yellow jacket nest, it can shake the nest. Yellow jackets will then swarm out to defend the nest. If you are on a horse that is being attacked by yellow jackets, you will definitely want to promptly move out of the area.

Mother Lode Trails advises you to, **"RUN your horse as fast as possible away from the attacking wasps, yelling "BEES!"** This warns other trail users. Some horses might panic upon being stung and may start bucking and bolting. Use your knowledge of your horse's temperament and your best judgment to resolve the situation.



Nests are often located in a soil cavity

Allergic reactions to yellow jacket or bees stings may cause shock and life threatening conditions. Those with known allergies should **carry sting treatment kits and be prepared to seek prompt medical attention** if stung. Unlike a bee, a yellow jacket does not leave a stinger in its victim, so it can sting multiple times. Companions of multiple-sting victims should watch the victim and be prepared for emergency medical response and evacuation.

On that note,

stay safe,

keep cool,



and have a great...

