

Trail Times



www.GoldCountryTrailsCouncil.org



Official Publication of the Gold Country Trails Council

GCTC is an organization committed to develop, maintain and advocate for safe integrated trails for equestrians and other non-motorized users.

PRESIDENT'S MESSAGE

What is your Superpower? We all have one. Collectively GCTC is a Superpower! With a generous turnout of GCTC members we have accomplished an unprecedented amount of trail building, maintenance and clearing so far this year and we aren't through. Our mission statement is: "GCTC is an organization committed to develop, maintain, and advocate for safe integrated trails for public access for equestrians and other non-motorized." We are certainly fulfilling that mission statement this year.

I would like to put out a sincere and open invite to all club members to sit in on a GCTC Board meeting. See how our collective knowledge makes GCTC a successful organization. If you have a great idea bouncing around in your head, suggestions for improvements, changes, additions etc. please join us at a GCTC Board Meeting and let us know your thoughts. You can make it happen and make a difference. But we have to hear from you! The Board meets every other Tuesday (opposite Tuesdays of the General meetings) at the Golden Empire Grange Hall. 11363 Grange Ct, Grass Valley, CA 95945

Our July General meeting this year was our annual Ice Cream Social and a tacked-on tack sale. We had over 50 people at our meeting. Many of our members stayed outside with their tack so our total headcount was over that. I hope everybody was successful in selling, as well as finding some special bargains. I know I came home with a 2-foot-tall pony that whinnies and moves its head, swishes its tail and moves its ears. And we recently discovered it will nibble on your fingers. It has been a big hit at my house with the Grand kids. Thank you, Lori Lunsford, and granddaughters for that! If you have comments or suggestions regarding the tack sale and the possibility of an annual tack sale combined with the Ice Cream Social, please let me know.

The annual United Trails Day event is Oct. 8th. GCTC will be providing lunch. It is coordinated by the Tahoe National Forest, Bicyclists of Nevada County, Nevada County Woods Riders, and Gold Country Trails Council. Traditionally, work has included placement of signs, some rerouting of some trails, and trimming overgrown foliage on existing trails. It is always a fun time to see people from other clubs working together to make our trails great. It is actually more of a social event.

Our annual Thanksgiving Feast will be Tuesday November 15th this year. Note that it is the third Tuesday of November. It will be a grand event and held at the Higgins Lions Community Center, located at 22490 E Hacienda Dr, Grass Valley. As the date gets closer, more info will arrive in your email box. Mark your calendar for the fun – and delicious event!

I really hope you have read this far because this is important. So many of our trails have become more and more crowded with the likelihood of encountering other trail users on other modes of transportation. It is highly possible we may have a close call without there being any malevolent intention. I would encourage you to practice "killing with kindness," not anger. A simple smile can often dissipate tensions. Our trail world has changed. But we can – and need to – be part of the solution by advocating the reality of it being multi-use. We must learn to co-exist with trail users in which GCTC members rise above any tensions and be gracious trail ambassadors – for the good of all. It's another one of our Superpowers!

I look forward to seeing you at many upcoming events. Feel free to contact me at any time:
tra.jamiej@sbcglobal.net.

~ Jamie Canon



Howdy and Welcome to our newest members!!



- Cynthia Anderson
- Conner Brown
- Joni Cammack
- Sharon Campbell
- Lauri Cates
- Liz Currie
- Larry Douglas
- Nicole Green
- Jerry Gridley
- Ilona and David Higgins
- Ashley Kelly
- Sara and Grace Layburn
- Celeste Marinoble
- Rebecca Miller
- Anna Olson
- ToriAnn Robinson
- Shauna Stott and family
- Jess Stephens

DID YOU KNOW the web and email addresses in the newsletter are hyperlinks? No need to copy and paste, just click on the [address](#) or [email](#) (designated in blue and underlined) and it will open to the destination you desire.



Stay up-to-date by regularly checking your email!



<http://www.goldcountrytrailsCouncil.org>

Leaders

- Camp Cook: Debbie Molloy
- Communications, Web Site and Social Media: Jaede Miloslavich jaede@sbbmail.com
- Forest Service Liaison: Mary Johnson mjshasta@aol.com
- GCTC Apparel Manager: Sandrine Nattkemper snattkemper1@gmail.com
- Historian: Anna Starkey
- Membership: Toni Owen toni@owenacctng.com
- Newsletter Editor: Pamela Warmack (510) 697-6625 cows2horses@gmail.com
- Parades: Linda Lanzoni
- Poker Ride Fundraiser: Laura Duncan
- Program Director: Helen Crawford
- Publicity: Teresa Dietrich
- Refreshment Manager: Phyllis Fanning
- Skillman Water Manager: Barry Vaccaro
- Skillman Campground: **OPEN**
- Sunshine: Andrea Duncan sendmailtoandi@gmail.com (510) 295-7600
- Tool Cache Manager: Suzanne & Barry Vaccaro
- Trail Rides: Jamie Canon

Gold Country Trails Council Officers

- President: Jamie Canon 530-265-8326 tra.jamiej@sbcglobal.net
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- Treasurer: Cathy Scott 530-305-1982 ccharlie@suddenlink.net
- Past President: Bernie Molloy 530-802-4089 imarangemaster@gmail.com
- Board Member: Laura Simmons lauraseden@aol.com
- Board Member: Miriam Lytle tomiriam@rocketmail.com
- Board Member: Teri Personeni 530-273-9144 teri@teromorgans.com

Minutes of the GCTC Board Meetings and the current 2022 GCTC Events Calendar can be accessed on the GCTC Website www.GoldCountryTrailsCouncil.org



OCTOBER

- 8 Sat. United Trails Day/Work Day - Tahoe National Forest
- 11 Tue. Board Meeting 7 pm - Golden Empire Grange - Everyone welcome!
- 15 Sat. GCTC Member Appreciation Ride/BBQ Lone Grave
- 22 Sat. Rain date Ride/BBQ Lone Grave

NOVEMBER

- 15 (Tue) General Meeting (Thanksgiving Feast/Elections/Top Hand Award)

DECEMBER

- 13 Tue. Board Meeting 7 pm - Golden Empire Grange - Everyone welcome!

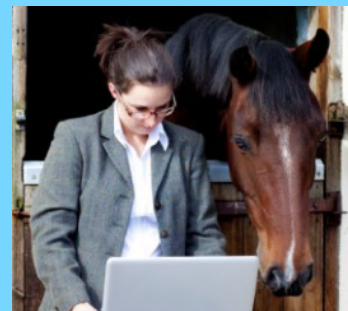
PLEASE NOTE: Dates and times may change.
Please check your email for the latest updates, or check out the GCTC calendar at:
<http://www.goldcountrytrailsCouncil.org/calendar--events.html>



NEWSLETTER EDITOR WANTED

Current GCTC Newsletter Editor, Pamela Warmack, would like to ride some other horses for a while. Thus, she'd very much like to hand over the reins of the editor position to a wonderfully creative individual who loves to be play with photos and fonts and work with amazing people!

The rider who wishes to take on this horsey should have a Mac, as the newsletter is produced on the Apple-based "Pages" application. Pamela has all the files from through the years, as well as lots of images to use. All this will be passed along to the individual who takes the reins.



If you're interested in heading down the trail on this adventure, please contact Pamela for more information at cows2horses@gmail.com. She'd love to dismount and hand over the reins at the end of this year (after the November/December issue)!

UNITED TRAILS DAY IS BACK! ~ OCTOBER 8, 2022

This multi-organization workday **brings together equestrians, mountain bikers, and off-road motorcyclists to work together as a group**, and was initiated in 2008 by Joe Chavez, Trail manager in the Yuba River District of the Tahoe National Forest (TNF). Every year since (except 2020 & 2021) GCTC, BONC, and NCWR have come together under the leadership of TNF to work on a section of non-motorized or multi use trail to enhance trails and get to know our fellow trail users. This annual volunteer workday is very unique, bringing together equestrians, mountain bikers, and off-road motorcyclists to work together as a group. After work, we enjoy lunch together and share stories of how we all enjoy the trails similarly and differently.

It is **important we show how committed we are in collaborating** on this important event with a huge turnout of volunteers. Both trail workers and lunch workers are needed, so please make the commitment, mark your calendar, and wear your GCTC apparel!



WHEN: SATURDAY, October 8, 2022

TIME: Sign in at **8:30 AM**, Work begins at 9:00 AM, lunch about Noon.

WHAT: Work location is still being finalized, but it will be along the Hwy. 20 corridor. It will consist of a variety of jobs from pruning to trail bed work. There will be tasks for **all levels of ability**. Debbie Molloy will **also need lunch help** as GCTC will be serving ALL the volunteers!

WHERE: Staging area to be determined. Watch for future emails.

LUNCH: GCTC has been asked to coordinate and prepare the lunch. Debbie Molloy, GCTC's outstanding food coordinator is at the helm. Lunch set up and serving help is needed. We will be serving ALL the volunteers! **If you wish to volunteer for lunch duty, please email Debbie a241mom@gmail.com** or text/call to 530-802-4088.



WHAT TO BRING: Bring loppers, hand saws, pruners, pole pruner...your favorite brush cutting tools, GCTC will bring loppers (large and small), shovels, rakes, McLeods, etc. Bring WATER and snacks. Please bring a chair for lunch.

WHAT TO WEAR: Long pants, long sleeve shirts, close-toed shoes, GLOVES. **GCTC logo wear a plus!** Let everyone see that GCTC works on trails!

RSVP REQUIRED FOR LUNCH: RSVP to Mary Johnson mjshasta@aol.com or text 530-353-0082. If you require a vegetarian lunch please let Mary know that when you RSVP.

QUESTIONS: For questions about the workday, contact Mary Johnson, Trail Workday Coordinator, by email mjshasta@aol.com, or text or leave a message 530-353-0082.

Click on the link below for a great description of the 2018 event and LOTS of photos! (You'll recognize some folks.)

<https://www.motionpro.com/a/12th-annual-united-trails-work-day>

**Y'all
Come!**



**GCTC
Member
Appreciation
Ride & BBQ**

WHAT: GCTC MEMBER APPRECIATION RIDE & BBQ

COME be APPRECIATED, SEE old friends, MEET new members, RIDE our beautiful, marked trails, and ENJOY a delicious, catered lunch!

WHEN: SATURDAY, OCTOBER 15 2022, (Rain Date: October 22)

All rides should start around 10:00 AM.

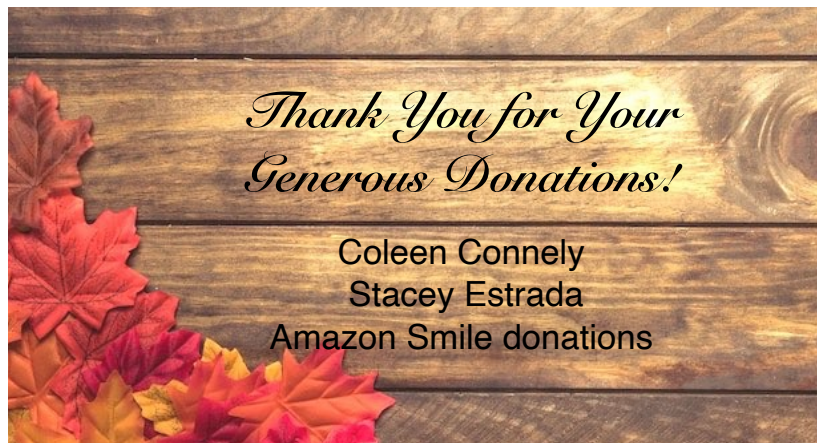
BBQ lunch afterward, starting approximately at noon.

WHERE: GOLD COUNTRY EQUESTRIAN TRAILHEAD (for directions, put this name in Google Maps). Hwy. 20 north, turn left on Conservation Road.

RIDE: Enjoy riding on marked Lone Grave area trails.
(Thank you, Sue Brusin, Suzanne Vacarro, and crew for marking the trails!)

BBQ/FOOD: BBQ meats grilled by Chef Barry Vacarro. Vegetarian option available.
Camp Cook Debbie Molloy will ensure safe food handling procedures for your peace of mind. No pot luck this year. Catered sides, and desserts will be provided by some generous GCTC members.

RSVP REQUIRED FOR LUNCH: RSVP to Debbie Molloy a241mom@gmail.com



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NEVADA CITY 4th of JULY PARADE

The July 4th Parade in Nevada City was absolutely fantastic! Nevada City hadn't seen a parade in 4 years and the crowd was unbelievably enthusiastic...and when they saw all the horses coming down Broad at the (almost) end of the parade, they went crazy and got loud. It was wonderful!

This year, thanks to a suggestion by a new parade participant, Julie Barhydt, we did a circling maneuver in front of the judges which we will now use in all the parades. Maybe we can even practice more and embellish it a bit. Who knows, we might become a drill team.

With 12 horses and riders, and 2 members carrying the GCTC banner, the ATV with trailer and 2 pooper scoopers, we made a big promotional statement for GCTC.

After the parade, we returned to the Rood Center staging area, where we relaxed in the shade to eat lunch (thanks, Suzanne, for that suggestion). I encourage more members to consider riding with us in future parades. It is GREAT fun!

Here is a YouTube link of the entire parade (we are at the end)!
<https://www.youtube.com/watch?v=GyYtyv9h00>

Here's is the lineup, in order of appearance as we marched down Broad Street.

Carrying the Banner:

Mary Johnson and Sharon Miles

Riders:

Sue Brusin and Linda Lanzoni
 Ann Rubenstein and Jon Zerin
 Laura Simmons and Mary Dowling
 Suzanne Vacarro and Teri Personeni
 Corrie Silva and Julie Barhydt
 Karrie and Vern Dunham



Scoopers:

Cathy and Mark Scott (with their ATV and trailer)






Be like our GCTC parade scoopers, everywhere you stage to ride...



Leave only HOOOF PRINTS



Everywhere you stage to ride: please pick up all manure around your trailer. Don't spread manure to adjoining bushes. Take it with you. Leave only a great impression! Thank you.



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ICE CREAM SOCIAL & TACK SALE



Our annual tack sale/meeting/ice cream social on July 12th was a great success. As always, it was one of our largest meetings. We didn't get a headcount on the number of people who brought tack, but since a picture is worth 1,000 words, see the attached photos.

I trust everybody was successful in selling as well as finding some special bargains. I know I came home with a 2-foot-tall pony that whinnies and moves its head. I did not see that coming! Thank you, Lori Lunsford and granddaughters. I'll have to send pictures when the grandkids come here in a couple of weeks. I'm sure this pony will be a big hit.

We had a last-minute hitch in the giddy up regarding the ice cream social part of the meeting. Unfortunately, Phyllis Fanning, our current refreshment hostess, had taken a bad fall off her horse which resulted in an ER visit. Thank you, Dee Meredith, for picking up the reins at the last minute to provide the ice cream and fixings. And thank you, Cathy Chase, for stepping up to help Dee with serving.

On that note, if you're interested in being part of the refreshment team, please let me know (email below). It's always good to have a few team members to share the responsibility and be available for unexpected circumstances. Many sharing hands make light work.

Thanks to everyone who supported our Annual Ice Cream Social and Tack Sale. If you have comments or suggestions regarding the tack sale and the possibility of making this an annual sale, please drop me a note and let me know. Jamie Canon tra.jamiej@sbcglobal.net.





LONEY MEADOW WORK / CAMP / RIDE Recap



Collectively we not only cleared and maintained much of the trails we know and love during our July 22-24 Loney Meadow Work/Camp/Ride, but we also cleared and made accessible a little known and barely visible old Lindsey Lake Trail. This trail will allow us to ride out of Loney to Lindsey Lake without going on a road. From there, the long-distance rider can continue and access old unused logging roads to get to Crooked Lakes trail and/or Round Mountain Trail. All these trails will soon be available on GPS.

Many of our member swam at or lunch stop Saturday. So, it wasn't all work.

Willie and Sue outdid themselves with the help of younger members (in their 70's.) The switchbacks GCTC put in some years back had been destroyed and not used. That work crew reestablished the switch backs. Not an easy chore! I took a picture of their work when I rode the switchbacks on Sunday, but a picture just doesn't do all their hard work justice. You'll just have to get up there and ride them. They are above Bull Pen and before the turn off to Culberson and Rock Lakes. Check it out. Then stop and swim in Lower Rock Lake while your horse grazes in the meadow.

Another crew went out on horseback to the back side of Bowman Mountain and trimmed and trimmed and trimmed back brush. I would like to mention if you do ride up there, please bring your hand clippers and take the time to stop occasionally and improve the riding experience. The trail on the back side of Bowman Mountain is certainly doable but it always needs more trimming.

So far those I've mentioned were crews that went out on horseback. We also had a fabulous ground crew that came in Saturday morning for the workday. It was a delight to see our club members come up just for the workday. Four members brought their horses for the day, while four others went out on foot and cleared and improved the trail out across the creek by the campground. (We need to name this trail.)

Our BBQ and potluck Saturday night was unprecedented with a campfire, music, and dancing. (Okay, so nobody actually got up and danced. But plan on it next year!) Start planning for next year and bring your swimsuit so you can swim and/or you can swim your horse.

A huge thank you to Mike Peckham and Laurie Sweeny for BBQing for us. Barry Vaccaro had knee replacement surgery, so he was off the hook this year.

I can't thank each of you hardworking folks enough. GCTC thanks you, and untold numbers of people on horseback and on foot will not know who to thank. But we know. WE did it! GCTC members!

Accolades go out to these hardworking GCTC members (in no particular order):

Willie and Sue Brusin

Teri Personeni

Jeff & Michelle Harter

Mike Peckham and Laurie Sweeny

Tom Fletcher

Cathy Scott

Helen and Brent McDermott

Mary Johnson

(Mary coordinated and transported the Porta-Potty!)

Laura Simmons

Gigi Lawton

Sharon Silver

Tony and Jeff Owen

Larry Douglas (Toni Owen's Dad, what a worker!)

Mary McMillan

Mary Beyer

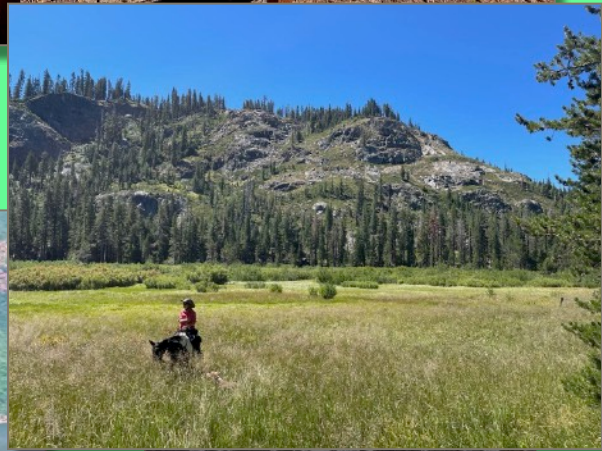
Lynn Purdy

Julie McManus

Janis Davidson-Pelly

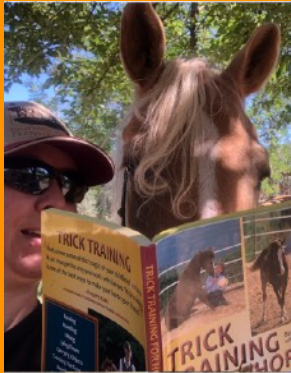
Sharon Campbell-Bower

And me, Jamie Canon



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PLEASE DON'T CUT SWITCHBACKS

Willie and Sue Brusin at work at the intersection of Bullpen and Lindsey Lake trails. During the Loney Meadows work/camp/ride weekend, we could see that a lot of hikers were cutting the switchbacks near the top of Bullpen Trail. Hikers stop at the beautiful sign Barry Vacarro made to review mileage. Hopefully the "Please don't cut switchbacks" sign installed right below the wood mileage sign will encourage hikers to stay on, and preserve, our trails.





PROVIDING AN EQUESTRIAN PERSPECTIVE



On August 1st, some GCTC members participated in a Hidden Falls expansion preview ride to provide an equestrian perspective to the Placer Land Trust (PLT) for their planned expansion into the Taylor Ranch Preserve in North Auburn. At this time, access to the preserve is extremely limited and all trail users are led by PLT

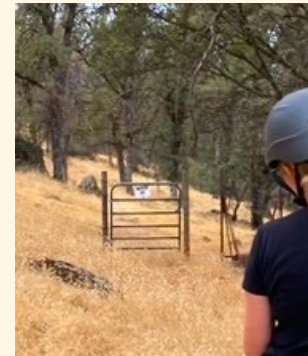


docents. PLT and Placer County are planning controlled public access to the preserve in the future. The plan is to develop another trailhead, and usage details are being worked out.



GCTC member Jeff Folz and Christy Lee Claes, Land and Recreation Manager at Placer Land Trust, met us at the locked gate entrance to the preserve. Nicole Spencer is a member of Placer Land Trust and a GCTC member. She had ridden the trails a week before and was our PLT docent

guide on this ride. Our riding group included Nicole, Tom Fletcher, Mary McMillan, Toni Owen, and me, Cathy Scott.



We rode about 5-1/2 miles on single-track trails through many interesting rock outcroppings and scenic vistas, thoroughly enjoying the trails and views. The plan is to graze cattle as needed for fuel reduction, so the preserve has



several large, fenced areas to segregate cattle. Nicole had to dismount to open and close seven gates. We recommended that gate latches be modified so that they can be easily operated by hikers, and equestrians on horseback, and that there be plenty of room around each gate for horses to maneuver.

There are elevated cattle guards installed near each gate that can be ridden over by bicyclists but are not suitable for horses to cross. Nicole was a great guide. Signage at intersections was very good. We also recommended adding along the trail, easy-to-spot trail markers well above ground level. We offered to help with clearing trail

height to 10 feet to accommodate equestrians. PLT also invited mountain bikers to ride the preserve on August 5th to provide their input. We also recommended PLT invite, in the near future, multiple user-types to simultaneously share the trails and give feedback on their experiences.



~ Cathy Scott

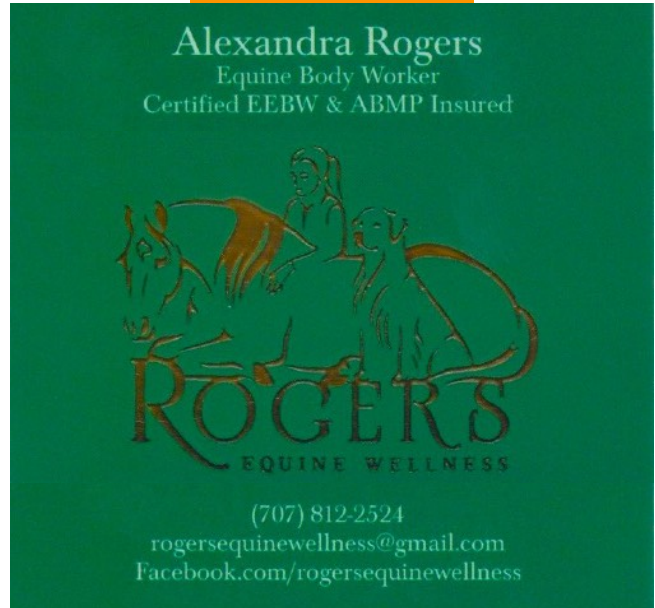




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"Seriously?
It's a decoration!"

"Festive Orange
DOOM-Squash!"

**MAY YOUR PUMPKIN BE SPICY
AND YOUR HORSE MILD.**

MEDICARE COMPLIMENTARY PLAN REVIEW

GCTC member, Catherine Pegeron reminds us the annual enrollment period for 2023 Medicare plans is coming. From October 15 through December 7, you can change plans for January 1. She will be doing several meetings in the Roseville area (10/24, 10/31, 11/07 and 11/14) and will be available for plan reviews as needed. 2023 information is available starting October 1. Feel free to contact Catherine if you have any questions.



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AUGUST 6th TRAIL WORKDAY

Recap



Beautiful location. Lovely weather. Fantastic GCTC volunteers. So much work accomplished, including cutting trees, marking trail, and clearing brush. Several "first-timers" on this section of the Pioneer Trail. Donuts before and a delicious lunch after the work. It was a GREAT DAY.

Many thanks to these dedicated GCTC members who came and got the job done! Jamie Canon, Jeff Foltz, Laura Duncan, Helen McDermott, Judy Hayamizu, Tom Fletcher, Adam Wilhite, Mary Beyer, Jim & Cherryl Holbrook, Willie and Sue Brusin, Jeff and Michelle Harter, Sharon Silver, Mary Johnson, Mary Dowling, Lisa Mahon, Corrie Silva, Bonnie Coyne, Sharon Miles, Vicki Testa, Cathy Scott, Lynn Purdy, Donna Macmillen, Julie McManus.

~ Mary Johnson





Oh, Lord, Won't You Buy Me

Oh, Lord, won't you buy me a horse that bends.
 My friends all ride warmbloods, I must make amends.
 I practice my leg yields, each evenin' 'til ten.
 So, oh Lord, won't you buy me a horse that bends.

Oh, Lord, won't you buy me a horse that won't buck
 I'm tired of trying to land standing up.
 I spend all my time, brushing dirt off my butt.
 So, oh Lord, won't you buy me a horse that won't buck.

Oh, Lord, won't you buy me a horse that won't bite.
 I count all my fingers and toes every night.
 I feel like a carrot when I'm in his sight.
 So, oh Lord, won't you buy me a horse that won't bite.

Oh, Lord, won't you buy me a horse with a brain.
 Mine is scared of his own shadow; it's driving me insane.
 I ask him to do things, but he forgets his own name
 So, oh Lord, won't you buy me a horse with a brain.

Oh, Lord, won't you buy me a horse that stays clean.
 I brush him, I groom him, I've considered chlorine.
 His color's too chestnut for a horse with grey genes.
 So, oh Lord, won't you buy me a horse that stays clean.

Oh, Lord, won't you give him some hindquarter drive.
 This horse is so lazy, I'm not sure he's alive.
 We bend and we circle, 'til way, way past five.
 So, oh Lord, won't you give him some hindquarter drive.

By Rebecca Burton (from Facebook)

**GCTC THANKSGIVING FEAST
 ELECTIONS
 TOP HAND AWARD**

**NOVEMBER
 15th**




DEADLINE!

Just a reminder: while you're raking your leaf piles, please keep in mind articles, letters, and photos are due by the 15th of the month before the newsletter issue to the editor!

The next newsletter deadline: October 20



**"SMILE" for the Holidays
and donate to GCTC!**



The season of giving is right around the corner! **Did you know if you purchase items from Amazon, you can also benefit GCTC?** Purchases made through Amazon Smile donate 0.5% of eligible purchases to your favorite charitable organization, which is GCTC, of course, with no fees to you, no extra cost!

It's super easy to set up your Amazon Smile account. Go to: <https://org.amazon.com>. You only have to sign up once and your purchase donations will automatically go to GCTC. Your receipt will say, "Because you placed this order at smile.amazon.com, Amazon will make a donation to Gold Country Trails Council." Just remember to type in "[smile.Amazon.com](https://smile.amazon.com)" when you fire up your browser!

Take a moment **today** to set up your "Smile" account. It's easy, and it helps GCTC achieve our mission of

goodbye

SUMMER

(It's been a doozy!)

hello

AUTUMN

(Hoping for rain!)

